



VOLUNTEER OPPORTUNITIES

HELP's Diaper Bank

- Assist clients and distribute & organize diapers, wipes, and other baby essentials
- Monday mornings and afternoons

Shannon West Homeless Youth Center

- Prepare and serve meals (daily, lunch & dinner)
- Sort and organize donations and boutiques
- Assemble sandwiches & sack lunches
- Host an educational/life skills class, social event, party, etc. – We are open to our partners' ideas!
- Organize a Donation Drive for our clients' greatest needs - hygiene items, undergarments, shoes/sneakers, etc.

Workforce Services

- Share knowledge of your industry with clients
- Provide career support such as interviewing tips, resume writing, etc.

Fundraising Events

- Support the annual Golfer's Roundup and Tea, Trends, and Tranquility events by attending, sponsoring, or donating in-kind items for our raffle and silent auction

Holiday Programs

- Thanksgiving
 - Host a Food Drive, sort food donations, or distribute turkeys & bags of food
- Christmas
 - Collect and organize toys & bikes at the annual 98.5 KLUC Chet Buchanan Show Toy Drive
 - Be a "personal shopper" for parents in our toy store
 - Support our "Adopt-A-Family" by sponsoring a family in-need or distributing gifts

**Email Jen at volunteer@helpsonv.org for more information
and to schedule your individual or team activity!**

View our Wishlist:

